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CHARACTER COUNTS!SM

Pillar Lesson: Respect

At A Glance

Key Understanding: Respect is practicing the golden rule. It is an important part of being a good and successful person.

DO: Active Opening Activity – 10 minutes:

- \$100 Bill and 100 pennies

DO: Relating Activity to Respect (Anchor)– 5 minutes

- Equal Value/Worth
- Similarities and Differences

DO: Creating a Vision (Apply)– 15 minutes (Content Delivery)

- Define Respect
- What does respect look like?
- Consequences of not showing respect

REFLECT: Application (Away)

- Small group – scenarios
- Respect yourself

REFLECT: Summarize key points

- Respect is something we learn and earn.
- Respect is the Golden Rule: treat others as you wish to be treated
- Respect is important to work and play well with others
- Respect is an important part of being a good and successful person

APPLY: Assessment

- Build a wall of Respect OR Respect Chain

Bridge to Next Lesson: (2 minutes) preview topic: Responsibility

Lesson Details

- Time: 35 to 45 minutes

Learners will:

- I be able to explain what respect means.
- be able to give examples of ways we show respect at school, at home, and in the community.
- be able to identify consequences that can happen when they are not respectful at school, at home, or in the community

Opening Activity:

- \$1 bill and 100 pennies

Closing Activity

- Wall of Respect OR Respect Chain

Materials and Supplies

- Pillar of Respect from 'Six Pillars' lesson if available
- Scenario cards - Enough for small groups
- 3 per student: bricks OR strips of paper

Teaching Aids

- poster or interactive board
- poster or wall space for wall of 'Respect'

Materials and Supplies Needed		
Handouts	Scenarios: page 7, used with permission) 'bricks or strips of paper	- To be divided among small groups - 3 bricks per student or 3 strips per student
Teaching Aids and Preparation	<ul style="list-style-type: none"> • Pillar of 'Respect' from 'Six Pillars' lesson, if available • \$100 bill and 100 pennies • poster or interactive board • Scenario cards – cut apart, page 7 of attached file (Overcoming Obstacles Grade 3 -5 curriculum) 	
Background Information	<p>Lesson Goal(s): For students to understand that Respect is practicing the 'Golden Rule'. Treat others as you wish to be treated. Respect is important to being a good and successful person. Respect is an important part of positive relationships.</p> <p>The following link provides an overview of the Character Counts program and the six pillars: https://charactercounts.org/ RESPECT Treat others with respect and follow the Golden Rule • Be tolerant and accepting of differences • Use good manners, not bad language • Be considerate of the feelings of others • Don't threaten, hit or hurt anyone • Deal peacefully with anger, insults, and disagreements</p> <p>The following lesson materials were utilized in preparation of this lesson and offer background information: (Overcoming Obstacles, 2018) https://www.overcomingobstacles.org/curriculum (Kids Helpline, 2019) (https://kidshelpline.com.au/teens/issues/all-about-respect) <u>'Why respect'</u></p>	
Resources	(Character Counts, 2019) https://charactercounts.org/program-overview/six-pillars/ (Overcoming Obstacles, 2018) https://www.overcomingobstacles.org/curriculum (Helpline, 2019) https://kidshelpline.com.au/teens/issues/all-about-respect	

Lesson Plan

Lesson Goals

Lesson Goal(s): Respect is to treat others how we wish to be treated.

Key Understanding: Respect is practicing the 'Golden Rule'. Treat others as you wish to be treated. Respect is important to being a good and successful person. Respect is an important part of positive relationships.

Objectives:

Learners will...

- ✓ be able to explain what respect means.
- ✓ be able to give examples of ways we show respect at school, at home, and in the community.
- ✓ be able to identify consequences that can happen when they are not respectful at school, at home, or in the community.

Curriculum Introduction

- ☞ Wear Yellow/ gold if possible, the color of respect
- ☞ Introduce yourself to the group
- ☞ Stand where everyone can see you and hear what you say

- ◆ Welcome students to Character Counts
- ◆ Provide an overview of the program –preview program and upcoming lessons

DO: Active Opening Activity – 5 to 10 Minutes

☞ **\$1 or 100 Pennies** (Activity from <https://charactercounts.org/c3/> Student Engagement Page) (Character Counts)

Materials: A dollar bill and 100 pennies

→Instructions:

Show a dollar bill and 100 pennies.

Divide a sheet of chart paper in half, using the heading of 'Differences' on one side and 'Similarities' on the other.

Ask students to brainstorm ways in which the \$1 and 100 pennies are different first and then ways they are the same.

→Ask - what (if anything) does this activity have to say about respect and how we would like people /students to treat each other.

→Conclude that the \$1 and 100 pennies are equal in value.

- Make the comparison to students:
- Even though we are different in many ways, we are all of equal value or worth.

DO: Relating Activity to Respect (Anchor) 5 minutes

☞ **Share** that today we are talking about the pillar of 'Respect'.

If available, post pillar from introductory 'Pillars' Lesson

→Discussion Questions:

- Are there more differences or similarities in the people we meet?
- Even though they are different in many ways, what is true of the dollar bill and the 100 pennies?
- What does this activity say as to how we should treat others we associate with or come in contact with on a daily basis?
- Why is it hard to treat everyone as if they have the same worth?
- What are practical applications of this activity to what we would like to see at our school?
- Can you think of what would be different at our school if everyone clearly understood that in spite of differences, all students have the same worth?

DO: Creating a Vision – (Add) (Content Delivery)

☞ Share objectives:

Learners will...

- ✓ be able to explain what respect means.
- ✓ be able to give examples of ways we show respect at school, at home, and in the community.
- ✓ be able to identify consequences that can happen when they are not respectful at school, at home, or in the community.

☞ Define respect: (display on poster or interactive board)

- Dictionary: 'due regard for the feelings, wishes, rights, or traditions of others.'
- Respect is a person's feelings and/or actions toward other people, ourselves, and things.

☞ Why Respect?

→ Lead discussion: Where have you heard the word 'respect' before? When, Why, By who?

→ Discussion: Why is it important to be respectful? Solicit responses....

- **'Respect is the glue that holds your relationships together...'** **'Receiving respect from others is important because it helps us to feel safe and to express ourselves.'**
- Being respected teaches us how to be respectful toward others.
- Respect means that you accept somebody for who they are, even when they're different from you or you don't agree with them.
- Respect in your relationships builds feelings of trust, safety, and wellbeing.
- Respect doesn't have to come naturally – it is something you learn.

(<https://kidshelpline.com.au/teens/issues/all-about-respect>)

→ How do your teachers and other adults show you respect? (List responses on poster or interactive board)

- Help you
- Call you by name,
- Additional responses

→ Respect is treating others how you wish to be treated – the Golden Rule

→ Where should we show respect?

- At home
- At school
- At play or sports activities
- Or in the public /community (in a store, or park...)
- everywhere

☞ Summarize

- Respect helps build trust,
- You can respect someone even if you don't like them
- Respect makes it easier to get along with others
- We can all learn respect.

REFLECT: Application and Reflection

☞ What does 'respect' 'look like'...

→ Break students into small groups, and provide each group with a Respect Scenario Card. (Available n from: <https://www.overcomingobstacles.org/curriculum>, used with permission)

- You can opt to create your own scenario cards to address behaviors in your school, or you can use the scenarios provided in the "Respect Scenario Cards" activity sheet.)
- Direct students to read the card in their group.
- Then, have them work together to determine if the character in the scenario is being respectful.
- If he or she is not being respectful, the students are to determine what the character should do to be respectful.

→ **When complete**, have students read their scenario card to the whole class and then share what they determined with their group.

- ◆ Reinforce positive responses, lead discussion correcting any responses that are not respectful

→ **Consequences:** lead the class in a discussion about some consequences that could happen in each area if a person is not respectful.

→ Emphasize that it is also important to **Respect Yourself:**

Lead discussion – How do you 'respect' yourself

- Take care of yourself, exercise, eat good food
- Make positive choices
- Avoid negative behaviors
- Have good friends and be a good friend

REFLECT: Summarize Key Concepts

- Respect is something we learn and earn.
- Respect is the Golden Rule: treat others as you wish to be treated
- Respect is important to work and play well with others
- Respect is an important part of being a good and successful person

APPLY: Assessment and Goal Setting (10 Minutes) (Away and Goal Setting)

☞ **Wall of Respect (If possible, video students completing this activity and include in your portfolio.)**

- Hand out 3 'bricks' to each student.
- On each 'brick' the student should write one way they will show respect:
 - In the home
 - In school
 - In the community or other activities
- Have students 'Build a wall' by placing the bricks on a classroom or hall wall or poster board/art paper.
- Check the bricks for understanding

OR

☞ **Respect chain:**

- divide students into small groups.
- Provide each group with a number of strips of paper 1in x 8 in
- Assign one of the following areas to each group.
- Direct students to come up with ways to show respect for their assigned area. Write each one on a strip of paper
- When students are done, ask them to share with the class.
- As students share, staple or glue the 'strips/links together, interlocking them to form a chain
- If possible, display the chain in the classroom or hall. Students could also add additional respectful acts when they see or do one

Bridge to next lesson

☞ Thank students for attention and showing you 'Respect'! The next pillar we will learn about is 'Responsibility'.